

Gantouw Hiking Club - Hiking Program October 2020 to March 2021

Let op:

1. **Hierdie program is voorlopig en veranderinge kan op kort kennisgewing aangebring word, veral as gevolg van voorspelde weersomstandighede.** Elke stap word in die voorafgaande week per e-pos bevestig, en volledige inligting daarvoor asook die leier se kontakbesonderhede word dan ook verstrekk. Om op hoogte te bly, moet jy registreer om by ons e-pos lys aan te sluit. Nie-lede mag ook by hierdie lys aansluit sonder enige koste.
2. Kontak asb die stapleier slegs indien nodig – jy hoef nie te laat weet dat jy ‘n stap wil mee maak nie, tensy anders aangedui.
3. Dagstappe vertrek gewoonlik Saterdagoggend vroeg vanaf die parkeerterrein langs Mr Price Sport, by Somerset Mall, of vanaf die Steynsrusbrug oor die R44 indien ons Stellenbosch se rigting gaan.
4. Daar word van ons almal vereis om aan die Gedragskode te voldoen - verwys ook na wat jy moet saambring op ‘n dagstap. Inligting is beskikbaar op www.gantouwhiking.co.za.
5. Besoekers is welkom en betaal ‘n besoekersfooie van R20 per stap. Alternatiewelik word jy uitgenooi om aan te sluit by ons klub teen die volgende jaarlikse fooie: Standaard ledegeld - R100; Senior (65+) - R80; Junior onder 21- gratis; Studente - Gratis
6. Let asb daarop dat alle besoekers en nuwe lede eers aan ‘n graad 2 stap moet deelneem voordat hulle ‘n moeiliker graad 3 stap aanpak. Die stapleier mag sy diskresie gebruik om ‘n besoeker of lid te verbied om aan ‘n moeilike stap deel te neem.
7. Alle stap roetes word streng volgens die klub se covid 19 regulasies aangebied. Die riglyne is aan alle lede uitgestuur en is beskikbaar op die Gantouw web blad

Please note:

1. **This program is provisional, and changes may be made at short notice, particularly in view of forecast weather conditions.** Hikes will be confirmed during the preceding week by email, when details of the hike as well as the name and contact number of the leader will be provided. In order to stay informed, you need to register to join our emailing list. Non-members may also join this list. It is a free service.
2. Please only contact the leader if necessary. You don't have to notify us of your intention to join a hike, unless indicated otherwise.
3. Day hikes usually depart early Saturday morning from the parking area next to Mr Price Sport, at Somerset Mall; or from the Steynsrust bridge over the R44 when our outing is in the Stellenbosch area or beyond.
4. We are all required to comply with the Gantouw Hiker's Code of Conduct. Also see what to bring on a day hike. Consult www.gantouwhiking.co.za.
5. Visitors are welcome to join our hikes and pay a visitor's fee of R20 per hike. Alternatively, you are invited to join the club at the following annual fees: Individual membership - R100; Senior (65+) - R80; Junior under 21: free; Students - Free.
6. Please note that all visitors and new members are required to participate in a grade 2 hike before attempting a more challenging hike. The leader may at his/her discretion decide not to permit visitors or members to join a difficult outing.
7. All hikes to be carried out under the clubs Covid 19 guidelines previously sent to all members. There is also a link to our Covid-19 policy in the footer our Google group email.

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SAT	Grade	Fees	Route	Permit	Leader
3 Oct	3.5B Orange	None	TM. Suikerbossie to Cable Station. Traverse.	None	Hannes
3 Oct		15 / vehicle. 20 / person. Membership card -free	HNR		
10 Oct	2.5B Orange	None	Muizenburg. Two peaks.	None	Dermott
17 Oct	2B Orange 2.5B Orange	To be booked None	Redelinghuys. Weekend hiking Papkuilsvlei farm. Evening Braai Rooiels River to waterfalls and Pools	None None	Steve C Mick D.
24 Oct	3B Orange	None	TM. Oudekraal / Tranquility Cracks, descend Kasteelpoort	None	Archie
31 Oct	2.5B Orange	R50	Mount Rochelle. Du Toitskop	None	Denise
7 Nov	2.5C Red	2.5C Red	TM- Else Buttress. Exposed Scrambling	None	Steve C
7 Nov		15 / vehicle. 20 / person. Membership card -free	HNR		
14 Nov	3B Orange	None	Mosselberg Circuit via De Mond se Kop	None	Denise / Brad
21 Nov	3B Orange	R50 or WC	Jonkershoek Swartboskloof to Diepgat Lookout	WC	Pat
28 Nov	3B Orange	None	Gordons Bay to Steenbras Peak	None	Chris / Steve
5 Dec	3C+ Red	None	TM. Mowbray Ridge / East Face of Devils Peak	None	Brad
5 Dec		15 / vehicle. 20 / person. Membership card -free	HNR		
12 Dec	2B Green	None	Paarl Rock. Bretagne Rock and Braai.	None	Henry Braai master
19 Dec	2A Green	R50	Palmiet River walk to swimming holes	None	Dermot
26 Dec			Christmas. Short notice hikes may be arranged by members		

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2 Jan			New Year. Short notice hikes may be arranged by members		
2 Jan		15 / vehicle. 20 / person. Membership card -free	HNR		
9 Jan	2A Green	None	Kleinmond. Coastal walk to the bridge and swim.	None	Marietta
16 Jan	1.5A Green	To be booked	Murludi Tulbagh - a fruit farm. Hike and order Peached and dried fruit.	None	Belinda
23 Jan	2.5B Orange	None	TM. View the Disa's. Skeleton Gorge / Aqueduct / Nursery Ravine	None	Wim / Ria
30 Jan	2.5B Green	None	Silvermine. Elephants Eye / Constantiaberg		Mick D
6 Feb	3B Orange	None	TM. Grotto Ravine. Down Cable Car	None	Archie
6 Feb		15 / vehicle. 20 / person. Free with membership card	HNR		
13 Feb	2A Green	R100 includes apples	Hike and apple picking at Dwarsberg in Rawsonville	None	Belinda
20 Feb	3C Red 2A Red	None	Franshoek river Kloof Adventure Four 4m jumps Ron's River ramble	None	Steve C Mick D
27 Feb	2.5C Red	WC or charge	Du Toitskloof - Kromrivier. 2.5B Orange to base of chains.	To be booked	Pat
6 Mar	2.5 B Orange	Availability to be checked	TM, Overnight at Scouts hut	To be booked	Emma
6 Mar		15 / vehicle. 20 / person. Free with membership card	HNR		
13 Mar	3.5B+ Orange	R50	Banhoek Duiwelskloof	None	Henry
20 Mar	4B Orange	R50 or WC	Jonkershoek. Panorama via Victoria Peak	None	Hannes / Emma
27 Mar	3B+ Orange	None	TM. Three Firs via Kasteelspoort	None	Janet / Emma

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Gradering / Grading

Exertion	1 Relatively easy	2 Moderate	3 Strenuous	4 For the very fit
Exposure to height	A none	B Some	C Exposed	D Very exposed
Technical difficulty	Green Easy hiking, walking on a trail with occasional use of hands (if applicable)	Orange Easy scrambling, walking on or off path with frequent use of hands required	Red Scrambling – frequent use of hands to facilitate upward movement	Black Serious scrambling

NB: Die gradering aanvaar basiese stapfiksheid Dit is jou persoonlike verantwoordelikheid om seker te maak dat jy fiks genoeg is om 'n bepaalde stap in 'n redelike tydspan af te handel, en om by die groep by te hou.

NB: The grading assumes a basic level of hiking fitness. You are personally responsible for ensuring that you are capable of completing a particular hike in a reasonable time, and that you are able to keep up with the group.

NB: The program is subject to change as weekend trips and shorter alternative hikes are organized and worked into the program