

Gantouw Hiking Club - Hiking Program

April 2021 to September 2021

Let op:

1. **Hierdie program is voorlopig en veranderinge kan op kort kennisgewing aangebring word, veral as gevolg van voorspelde weersomstandighede.** Elke stap word in die voorafgaande week per e-pos bevestig, en volledige inligting daarvoor asook die leier se kontakbesonderhede word dan ook verstrekk. Om op hoogte te bly, moet jy registreer om by ons e-pos lys aan te sluit. Nie-lede mag ook by hierdie lys aansluit sonder enige koste.
2. Kontak asb die stapleier slegs indien nodig – jy hoef nie te laat weet dat jy 'n stap wil mee maak nie, tensy anders aangedui.
3. Dagstappe vertrek gewoonlik Saterdagoggend vroeg vanaf die parkeerterrein langs Mr Price Sport, by Somerset Mall, of vanaf die Steynsrusbrug oor die R44 indien ons Stellenbosch se rigting gaan.
4. Daar word van ons almal vereis om aan die Gedragskode te voldoen - verwys ook na wat jy moet saambring op 'n dagstap. Inligting is beskikbaar op www.gantouwhiking.co.za.
5. Besoekers is welkom en betaal 'n besoekersfooie van R20 per stap. Alternatiewelik word jy uitgenooi om aan te sluit by ons klub teen die volgende jaarlikse fooie: Standaard ledegeld - R100; Senior (65+) - R80; Junior onder 21- gratis; Studente - Gratis
6. Let asb daarop dat alle besoekers en nuwe lede eers aan 'n graad 2 stap moet deelneem voordat hulle 'n moeiliker graad 3 stap aanpak. Die stapleier mag sy diskresie gebruik om 'n besoeker of lid te verbied om aan 'n moeilike stap deel te neem.
7. Alle stap roetes word streng volgens die klub se Covid-19 regulasies aangebied. Die riglyne is aan alle lede uitgestuur en is beskikbaar op die Gantouw web blad.

Please note:

1. **This program is provisional, and changes may be made at short notice, particularly in view of forecast weather conditions.** Hikes will be confirmed during the preceding week by email, when details of the hike as well as the name and contact number of the leader will be provided. In order to stay informed, you need to register to join our emailing list. Non-members may also join this list. It is a free service.
2. Please only contact the leader if necessary. You don't have to notify us of your intention to join a hike, unless indicated otherwise.
3. Day hikes usually depart early Saturday morning from the parking area next to Mr Price Sport, at Somerset Mall; or from the Steynsrust bridge over the R44 when our outing is in the Stellenbosch area or beyond.
4. We are all required to comply with the Gantouw Hiker's Code of Conduct. Also see what to bring on a day hike. Consult www.gantouwhiking.co.za.
5. Visitors are welcome to join our hikes and pay a visitor's fee of R20 per hike. Alternatively, you are invited to join the club at the following annual fees: Individual membership - R100; Senior (65+) - R80; Junior under 21: free; Students - Free.
6. Please note that all visitors and new members are required to participate in a grade 2 hike before attempting a more challenging hike. The leader may at his/her discretion decide not to permit visitors or members to join a difficult outing.
7. All hikes to be carried out under the clubs Covid-19 guidelines previously sent to all members. There is also a link to our Covid-19 policy in the footer our Google group email.

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Hike grading and important notes:

Gradering / Grading

Exertion	1 Relatively easy	2 Moderate	3 Strenuous	4 For the very fit
Exposure to height	A None	B Some	C Exposed	D Very exposed
Technical difficulty	Green Easy hiking, walking on a trail with occasional use of hands (if applicable)	Orange Easy scrambling, walking on or off path with frequent use of hands required	Red Scrambling – frequent use of hands to facilitate upward movement	Black Serious scrambling

NB: Die gradering aanvaar basiese stapfiksheid Dit is jou persoonlike verantwoordelikheid om seker te maak dat jy fiks genoeg is om 'n bepaalde stap in 'n redelike tydsduur af te handel, en om by die groep by te hou.

NB: The grading assumes a basic level of hiking fitness. You are personally responsible for ensuring that you are capable of completing a particular hike in a reasonable time, and that you are able to keep up with the group.

NB: The program is subject to change as weekend trips and shorter alternative hikes are organized and worked into the program.

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SAT	Grade	Fees	Route	Permit	Leader
APRIL					
3 April	1.5A Green 3.5C Red	None None	Rod's Trail, Betty's Bay Suurberg Peak, Helderberg/Stellenbosch	None Landowner	Mandy Chris
10 April	2.5B Orange	None	River Gorge, Rooiels	None	Henry
17 April	2B Green 3.5B Orange	R40 None	Welvanpas Winelands Farm Hike, Wellington 12 Apostles Traverse, Table Mountain	Permit None	Petro Hannes
24 April	2.5B Orange TBC	None Paid	Kasteelkop Crags to Dot's Dash, Kleinmond Cape Point Overnight Hike	None Booked	Don Pat
MAY					
1 May	2A Green 4C Red	None R25 (Seniors R15), R15 per vehicle	Klipspringer Trail to Lookout Point, Kogelbaai The Dome, Helderberg	None None	Danilo/Janet Hannes
8 May	3B Orange	None	Three Sisters, Kleinmond	None	Pat
15 May	2B Orange 3.5C Red	Wild Card/R50 None	Rooisand and Beyond, Kogelberg Simonsberg, Stellenbosch (Early start)	Permit None	Petro Brad
22 May	3B Orange	None	Mosselberg Circuit via De Mond se Kop, Hermanus	None	Denise
29 May	2.5B Orange	Wild Card/R50	Oudebos via Saddle to Platbos Return, Kogelberg	None	Dermot
JUNE					
5 June	1.5A Green 4B Orange	None None	Alphen River Trail, Constantia Stellenboschberg Traverse, Stellenbosch	None None	Belinda Emma
12 June	2.5B Orange	Wild Card/R50	Noordhoek Peak to Skyline Ridge, Silvermine	None	Mick
19 June	3B Orange	R20	Watchtower Peak from Rooiheuvel Farm, Botrivier	Farmer	Don
26 June	2.5B Orange 3B Orange	None R50	Hepic, Hottentots Holland West Peak from Helderberg Farm, Helderberg	Landowner None	Clarissa/Steve Emma

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JULY					
3 July	2A Green	None	Rhodes Memorial - Newlands Forest Circuit, Table Mountain	None	Don
10 July	2.5B Orange 3.5B Orange	R50 (No cash) R50 (No cash)	Du Toitskop, Mont Rochelle Perdekop, Mont Rochelle	None None	Denise Pat
17 July	2.5B Orange	None	Trappieskop and Caves, Kalk Bay	None	Henry
24 July	2.5B Orange	R10 Parking fee	Crassula Path via Klein Tuinkop to the Amphitheatre, Silvermine	None	Mick
31 July	3.5B Orange	Wild Card/R50	Kurktrekker to Swartboskloof, Jonkershoek	Permit	Brad
AUGUST					
7 Aug	2.5B Orange	None	The Two Peaks, Muizenberg	None	Wim
14 Aug	2B Orange 3B Orange	None None	Paradyskloof Waterfalls, Paradyskloof Suikerbossie to Grootkop via Llandudno Ravine, Table Mountain	None None	Denise Hannes/Emma
21 Aug	2A Orange/ 2.5B Orange	None	Circuit via Blackburn Ravine, Hout Bay	None	Mick
28 Aug	3B Orange 3C Red	None None	Bel Ombre to Klaassenskop, Table Mountain Agatha's Gully to Klaassenskop, Table Mountain	None None	Henry Archie
SEPTEMBER					
1 Sep		R1120 pp	Swellendam Multi-Day Hike (5 days) FULLY BOOKED	Booked	Pat
4 Sep	3B Orange	None	Circuit via Galpin Hut, Fernkloof	None	Janet
11 Sep	2.5A Green	Wild Card/R50	Constantiaberg, Silvermine	None	Dermot
18 Sep	2.5B Orange 3C Black	None None	Sea Farm Circuit, Pringle Bay Nursery Buttress, Table Mountain	None None	Mick Steve
22 Sep (Wed)	3B Orange	R70 pp	Table Mountain Overnight Hike (8 People) FULLY BOOKED	Booked	Wim
25 Sep	2A+ Green 3B Orange	None None	Matoppie Contour Trail, Franschoek Oudekraal Ravine - Grootkop, down Kasteelspoort, Table Mountain	None None	Werner Archie