

Gantouw Hiking Club - Hiking Programme April 2022 to September 2022

Please note:

1. **This programme is provisional, and changes may be made at short notice, particularly in view of forecast weather conditions.** Hikes will be confirmed during the preceding week by email, when details of the hike as well as the name and contact number of the leader will be provided. In order to stay informed, you need to register to join our emailing list. Non-members may also join this list. It is a free service.
2. Please only contact the leader if necessary. You don't have to notify us of your intention to join a hike, unless indicated otherwise.
3. Day hikes usually depart early Saturday morning from a pre-arranged meeting point in the Helderberg area. Details will appear in the hike notice.
4. We are all required to comply with the Gantouw Hiker's Code of Conduct. Also see what to bring on a day hike. Consult <https://www.gantouwhiking.co.za/>.
5. Visitors are welcome to join our hikes and pay a visitor's fee of R20 per hike. Alternatively, you are invited to join the club at the following annual fees: Individual membership - R100; Senior (65+) - R80; Junior under 21: free; Students - Free.
6. Please note that all visitors and new members are required to participate in a grade 2 hike before attempting a more challenging hike. The leader may at his/her discretion decide not to permit visitors or members to join a difficult outing.
7. All hikes to be carried out under the clubs Covid-19 guidelines previously sent to all members. There is also a link to our Covid-19 policy in the footer our Google group email.

Let op:

1. **Hierdie program is voorlopig en veranderinge kan op kort kennisgewing aangebring word, veral as gevolg van voorspelde weersomstandighede.** Elke stap word in die voorafgaande week per e-pos bevestig, en volledige inligting daarvoor asook die leier se kontakbesonderhede word dan ook verstrek. Om op hoogte te bly, moet jy registreer om by ons e-pos lys aan te sluit. Nie-lede mag ook by hierdie lys aansluit sonder enige koste.
2. Kontak asb die stapleier slegs indien nodig – jy hoef nie te laat weet dat jy 'n stap wil mee maak nie, tensy anders aangedui.
3. Dagstappe vertrek gewoonlik Saterdagoggend vroeg vanaf 'n vooraf gereelde ontmoetingspunt in die Helderberg omgewing. Besonderhede sal in die stap kennisgewing verskyn.
4. Daar word van ons almal vereis om aan die Gedragskode te voldoen - verwys ook na wat jy moet saambring op 'n dagstap. Inligting is beskikbaar op <https://www.gantouwhiking.co.za/>.
5. Besoekers is welkom en betaal 'n besoekersfooie van R20 per stap. Alternatiewelik word jy uitgenooi om aan te sluit by ons klub teen die volgende jaarlikse fooie: Standaard ledegeld - R100; Senior (65+) - R80; Junior onder 21- gratis; Studente - Gratis
6. Let asb daarop dat alle besoekers en nuwe lede eers aan 'n graad 2 stap moet deelneem voordat hulle 'n moeiliker graad 3 stap aanpak. Die stapleier mag sy diskresie gebruik om 'n besoeker of lid te verbied om aan 'n moeilike stap deel te neem.
7. Alle stap roetes word streng volgens die klub se Covid-19 regulasies aangebied. Die riglyne is aan alle lede uitgestuur en is beskikbaar op die Gantouw web blad.

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Hike grading and important notes:

Grading / Gradering

Exertion	1 Relatively easy	2 Moderate	3 Strenuous	4 For the very fit
Exposure to height	A None	B Some	C Exposed	D Very exposed
Technical difficulty	Green Easy hiking, walking on a trail with occasional use of hands (if applicable)	Orange Easy scrambling, walking on or off path with frequent use of hands required	Red Scrambling – frequent use of hands to facilitate upward movement	Black Serious scrambling

NB: The grading assumes a basic level of hiking fitness. You are personally responsible for ensuring that you are capable of completing a particular hike in a reasonable time, and that you are able to keep up with the group.

NB: The programme is subject to change as weekend trips and shorter alternative hikes are organized and worked into the programme.

NB: Die gradering aanvaar basiese stapfiksheid Dit is jou persoonlike verantwoordelikheid om seker te maak dat jy fiks genoeg is om 'n bepaalde stap in 'n redelike tydsduur af te handel, en om by die groep by te hou.

NB: Die program is onderhewig aan veranderinge soos naweek uitstappies en korter stappe georganiseer en tot die program bygevoeg word.

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SAT	Grade	Fees	Route	Permit	Leader
APRIL					
2 April	1A Green 3.5B+ Orange	None R70 (No cash)	Grotto to Sopiesklip Beach Walk, Hermanus Perdekop circuit, Mont Rochelle	None At gate	Tassia Pat
9 April	2B Orange 3.5C Red	Wild Card/R60 None	Oudebos to Harold Porter, Kogelberg (car shuttle) Blind Gully to Diagonal, Table Mountain (Atlantic side)	CN Permit None	Denise Patrick
16 April	2.5B Orange	None	Kasteelkop Crags to Dot's Dash with short extension, Kogelberg	None	Don & Mick
23 April	3B Green 3B Orange	±R50 R120	Zielenrust 13km Out-and-back Trail, Wellington Steenbras Peak via the River Gorge, SNR (10 permits)	Landowner Permit	Belinda Chris
30 April	2.5B Orange	None	Volstruis en Eikenhof Gorge to Dragoon Buttress, Banhoek	None	Werner
MAY					
7 May	2B Green 4C Red	None R25 entrance, R15 per vehicle	Bretagne Rock to Christmas Camp (+Braai), Paarl The Dome, Helderberg Nature Reserve	None None	Danilo Hannes
14 May	2.5B Orange	None	Kleintuinkop, Silvermine	None	Don
21 May	2.5A Green 3.5C Red	None None	Muizenberg Peak/St James Peak, Muizenberg Suther Peak with extra scramble and Skyline walk, Hout Bay	None None	Alf Archie
28 May	3B Orange	None	Perdeberg from Fairy Glen, Kleinmond	None	Denise
JUNE					
4 June	2.5B Orange 3.5C Red	R50; <u>no Wild Card</u> None	Hike to ruins of the English Fort, Bergrivier Dam (21km) Vlakkenberg to rocky peaks, return to Constantia Nek, Constantia	None None	Werner Archie
11 June	3B Orange	None	Oudekraal Ravine to Kasteelspoort via Tranquility Cracks, Table Mountain	None	Dermot
14-16 June	3.5B Orange	R170 hut fee	2-night hike to the BTK Berghut, including the newly developed Bethel Müller trail, Wortelgat (<i>Note: this is a mid-week hike. Should the weather be unfavourable, the hike will be moved forward by a week.</i>)	Wortelgat Office	Lize
18 June	2A Green	None	Amphitheatre circuit via Spes Bona, Kalk Bay	None	Alf
21-23 June	3.5B Orange	R170 hut fee	[ALTERNATIVE DATE] 2-night hike to the BTK Berghut, including the newly developed Bethel Müller trail, Wortelgat	Wortelgat Office	Lize
25 June	3B Orange	None	Three Sisters, Kleinmond [2 Groups: faster (Brad), slower pace (Petro)]	None	Brad & Petro

Easter weekend {

Long weekend {

School holidays {

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JULY					
2 July	2.5B Orange	R70 (No cash)	Dutoitskop Circuit (clockwise), Mont Rochelle	At gate	Dermot
9 July	2B Orange 3B Orange	Wild Card/R50 Wild Card/R50	Noordhoek Peak to Skyline Ridge, Silvermine (grade) Skywalk, Constantiaberg and Elephant's Eye, Silvermine	At gate At gate	Don Henry
16 July	2B Orange 3B Orange	None None	Hepic Trail, Hottentot Hollands Three Firs to Kasteelspoort via dams, Table Mountain	Landowner None	Clarissa Hannes/Patrick
23 July	3B Orange	R25 entrance, R15 per vehicle	West Peak via Disa Gorge, Helderberg Nature Reserve	None	Pat
30 July	2A Green 3C Red	Wild Card/R60 None	Jonkershoek Valley Floor Ramble, Stellenbosch Smitswinkelbaai to Swartkop, Simon's Town	CN/MTO SANParks, Landowners	Petro Brad
AUGUST					
6 Aug	2B Green 2.5B Orange	None None	East Fort via Manganese Mine to base of Blackburn Ravine, Hout Bay East Fort via Manganese Mine to Blackburn Ravine lookout, Hout Bay	None None	Mick
13 Aug	3B Orange	None	Circuit via Galpin Hut with Aasvoëlkop, Fernkloof	None	Dermot
20 Aug	2A Green 3B Green	None R70	Coastal walk from Grotto Beach to Old Harbour, Hermanus Haarkapper trail, Phillipskop Mountain Reserve	None Permit	Danilo Henry
27 Aug	2A Green 3.5B Red	None None	Houwhoek Trail, Botrivier (by Houwhoek Hotel) Baviaanskloof to Skoorsteenbergrug via waterfall, Hout Bay	None None	Petro Archie
SEPTEMBER					
3 Sept	3B Orange 3.5C Orange+	None None	Suikerbossie to Grootkop via Judas Peak, Table Mountain Suikerbossie to Grootkop via Yellowwood Traverse, Table Mountain	None None	Brad Hannes
10 Sept	2A Green	Wild Card/R60	Roosand Ramble with optional coastal walk at Kleinmond	Cape Nature	Petro
17 Sept	3B Orange 3C+ Red	None None	Woody Ravine to Kasteelspoort, Table Mountain (Slow pace) Mowbray Ridge - Knife Edge - East Face, Devil's Peak	None None	Don Brad
24 Sept	3B Orange 3C Red	None None	De Mond se Kop, Hermanus Agatha's Gully to Klaassenskop with two ledges, Table Mountain	None None	Denise Archie

School
holidays