

Gantouw Hiking Club - Hiking Programme October 2024 to March 2025

Please note:

1. **This programme is provisional, and changes may be made at short notice, particularly in view of forecast weather conditions.** Hikes will be confirmed during the preceding week by email, when details of the hike as well as the name and contact number of the leader will be provided. In order to stay informed, you need to register to join our emailing list. Non-members may also join this list. It is a free service.
2. Please only contact the leader if necessary. You don't have to notify us of your intention to join a hike, unless indicated otherwise.
3. Day hikes usually depart early Saturday morning from a pre-arranged meeting point in the Helderberg area. Details will appear in the hike notice.
4. We are all required to comply with the Gantouw Hiker's Code of Conduct. Also see what to bring on a day hike. Consult <https://www.gantouwhiking.co.za/>.
5. Visitors are welcome to join our hikes and pay a visitor's fee of R30 per hike. Alternatively, you are invited to join the club at the following annual fees: Individual membership – R150; Senior (65+) – R120; Junior under 21 – Free; Students – Free.
6. Please note that all visitors and new members are required to participate in a grade 2 hike before attempting a more challenging hike. The leader may at his/her discretion decide not to permit visitors or members to join a difficult outing.

Let op:

1. **Hierdie program is voorlopig en veranderinge kan op kort kennisgewing aangebring word, veral as gevolg van voorspelde weersomstandighede.** Elke stap word in die voorafgaande week per e-pos bevestig, en volledige inligting daarvoor asook die leier se kontakbesonderhede word dan ook verstrekk. Om op hoogte te bly, moet jy registreer om by ons e-pos lys aan te sluit. Nie-lede mag ook by hierdie lys aansluit sonder enige koste.
2. Kontak asb die stapleier slegs indien nodig – jy hoef nie te laat weet dat jy 'n stap wil mee maak nie, tensy anders aangedui.
3. Dagstappe vertrek gewoonlik Saterdagoggend vroeg vanaf 'n vooraf gereelde ontmoetingspunt in die Helderberg omgewing. Besonderhede sal in die stap kennisgewing verskyn.
4. Daar word van ons almal vereis om aan die Gedragskode te voldoen - verwys ook na wat jy moet saambring op 'n dagstap. Inligting is beskikbaar op <https://www.gantouwhiking.co.za/>.
5. Besoekers is welkom en betaal 'n besoekersfooie van R30 per stap. Alternatiewelik word jy uitgenooi om aan te sluit by ons klub teen die volgende jaarlikse fooie: Standaard ledegeld – R150; Senior (65+) – R120; Junior onder 21 – Gratis; Studente – Gratis.
6. Let asb daarop dat alle besoekers en nuwe lede eers aan 'n graad 2 stap moet deelneem voordat hulle 'n moeiliker graad 3 stap aanpak. Die stapleier mag sy diskresie gebruik om 'n besoeker of lid te verbied om aan 'n moeilike stap deel te neem.

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Hike grading and important notes:

Grading / Gradering

Exertion	1 Relatively easy	2 Moderate	3 Strenuous	4 For the very fit
Exposure to height	A None	B Some	C Exposed	D Very exposed
Technical difficulty	Green Easy hiking, walking on a trail with occasional use of hands (if applicable)	Orange Easy scrambling, walking on or off path with frequent use of hands required	Red Scrambling – frequent use of hands to facilitate upward movement	Black Serious scrambling

NB: The grading assumes a basic level of hiking fitness. You are personally responsible for ensuring that you are capable of completing a particular hike in a reasonable time, and that you are able to keep up with the group.

NB: The programme is subject to change as weekend trips and shorter alternative hikes are organized and worked into the programme.

NB: Die gradering aanvaar basiese stapfiksheid Dit is jou persoonlike verantwoordelikheid om seker te maak dat jy fiks genoeg is om 'n bepaalde stap in 'n redelike tydsduur af te handel, en om by die groep by te hou.

NB: Die program is onderhewig aan veranderinge soos naweek uitstappies en korter stappe georganiseer en tot die program bygevoeg word.

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SAT	Grade	Fees	Route	Permit	Leader
OCTOBER					
5 Oct	2.5BO	R70	Mont Rochelle – Dutoitskop Circuit		Belinda
12 Oct	2.5BO 3CR		Hermanus - Coastal track from Dutchies Oppelskop Ridge to Devil's Peak		Petro Wim
19 Oct	2.5BO 3BO	TBC R70	Banhoek - Gorges to Dragoon Buttress Jonkershoek - Twins Traverse		Dermot Patrick
26 Oct	2AG 3AR		Kommetjie - Noordhoek Beach to Slangkop Lighthouse Bainskloof - Rockhopper		Danilo Don
NOVEMBER					
2 Nov	2AG 4CR	R70	Grabouw - Elgin Country Club to Keuse Rivier Jonkershoek - Haelkop from the gate		Fay Henry
9 Nov	2AG 3CR	R70	Jonkershoek - Sosyskloof Cederberg - Sandfontein Arch and Apex Peak		Denise Chris
16 Nov	2BG 3BO		Paarl - Bretagne Rock to Christmas Camp Table Mountain - Falcon Labyrinth via Diagonal		Don Patrick
23 Nov	2.5BO 3.5DB	R60	Betty's Bay - Oudebos to Harold Porter Table Mountain - Hiddingh-Ascension to Carrel's Ledge		Don Dermot
30 Nov	2BG 3CR		Sir Lowry's Pass - Idiom Boulders and Game Reserve Table Mountain - Spring Buttress		Steve Patrick
DECEMBER					
7 Dec	2AG 3BO		Kleinmond - Coastal walk from Sandown Café Hermanus - Vogelgat Pools		Belinda Henry
14 Dec	2AG 3BR		Kalk Bay - Amphitheater circuit via Spes Bona Hout Bay - Myburgh's Ravine		Denise Pat
21 Dec	2AG 3.5CR		Stellenbosch - Paradyskloof Waterfalls Table Mountain - Blind Gully to Blinkwater		Fay Dermot
28 Dec			Festive season break		

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JANUARY					
4 Jan			Festive season break		
11 Jan	2.5BO 3.5DR		Hermanus - Fernkloof Secret Waterfall Table Mountain - Grotto-Fountain-Cairn Traverse		Henry Patrick
18 Jan	2AG 3CR		Pringle Bay - Mini Peninsula Ramble Table Mountain - India Venster		Petro Hannes
25 Jan	2.5BO 3CR	R40	Silvermine - Noordhoek Peak to Skyline Ridge Table Mountain - Dark Gorge		Denise Pat
FEBRUARY					
1 Feb	2AO 3CR		Rooiels - Coastal route out and back Table Mountain - Skeleton Gorge to Disas		Fay Henry
8 Feb	2.5BO 3CR		Porterville - 21 Waterfalls camping excursion Porterville - 21 Waterfalls camping excursion		Wim Wim
15 Feb	2.5BO 3CR		Rooiels - River Gorge Table Mountain - Seven Buttresses		Alf Hannes
22 Feb	2AG 3CR		Betty's Bay - Seafarm Table Mountain - Left Face Mystery		Danny Patrick
MARCH					
1 Mar	2AG 3CR		Hout Bay - East Fort to Blackburn Ravine Steenbras Nature Reserve - Crystal Pools		Denise Don
8 Mar	2AG 3.5BO	R60	Kogelberg - Palmiet River Beach Hout Bay - Suther Peak to Karbonkelberg		Danilo David C
15 Mar	2AG 3.5CR		Silvermine - Kleintuinkop to the Amphitheater Hout Bay - Victoria Gully via Pimple Traverse		Fay Pat
22 Mar	2.5BO 3CR		Table Mountain - 12 Apostles Traverse Table Mountain - Els Buttress		Delfi Brad
29 Mar	2.5AO 3.5BO	R70	Hermanus - Mosselberg circuit via dams Jonkershoek - Kurktrekker to Swartboskloof		Alf Hannes