

Gantouw Hiking Club - Hiking Programme v2

October 2025 to March 2026

Please note:

1. **This programme is provisional, and changes may be made at short notice, particularly in view of forecast weather conditions.** Hikes will be confirmed during the preceding week by email, when details of the hike as well as the name and contact number of the leader will be provided. In order to stay informed, you need to register to join our emailing list. Non-members may also join this list. It is a free service.
2. Please only contact the leader if necessary. You don't have to notify us of your intention to join a hike, unless indicated otherwise.
3. Day hikes usually depart early Saturday morning from a pre-arranged meeting point in the Helderberg area. Details will appear in the hike notice.
4. We are all required to comply with the Gantouw Hiker's Code of Conduct. Also see what to bring on a day hike. Consult <https://www.gantouwhiking.co.za/>.
5. Visitors are welcome to join our hikes and pay a visitor's fee of R40 per hike. Alternatively, you are invited to join the club at the following annual fees: Individual membership – R160; Senior (65+) – R120; Junior under 21 – Free; Students – Free.
6. Please note that all visitors and new members are required to participate in a grade 2 hike before attempting a more challenging hike. The leader may at his/her discretion decide not to permit visitors or members to join a difficult outing.

Let op:

1. **Hierdie program is voorlopig en veranderinge kan op kort kennisgewing aangebring word, veral as gevolg van voorspelde weersomstandighede.** Elke stap word in die voorafgaande week per e-pos bevestig, en volledige inligting daarvoor asook die leier se kontakbesonderhede word dan ook verstrekk. Om op hoogte te bly, moet jy registreer om by ons e-pos lys aan te sluit. Nie-lede mag ook by hierdie lys aansluit sonder enige koste.
2. Kontak asb die stapleier slegs indien nodig – jy hoef nie te laat weet dat jy 'n stap wil mee maak nie, tensy anders aangedui.
3. Dagstappe vertrek gewoonlik Saterdagoggend vroeg vanaf 'n vooraf gereelde ontmoetingspunt in die Helderberg omgewing. Besonderhede sal in die stap kennisgewing verskyn.
4. Daar word van ons almal vereis om aan die Gedragskode te voldoen - verwys ook na wat jy moet saambring op 'n dagstap. Inligting is beskikbaar op <https://www.gantouwhiking.co.za/>.
5. Besoekers is welkom en betaal 'n besoekersfooie van R40 per stap. Alternatiewelik word jy uitgenooi om aan te sluit by ons klub teen die volgende jaarlikse fooie: Standaard ledegeld – R160; Senior (65+) – R120; Junior onder 21 – Gratis; Studente – Gratis.
6. Let asb daarop dat alle besoekers en nuwe lede eers aan 'n graad 2 stap moet deelneem voordat hulle 'n moeiliker graad 3 stap aanpak. Die stapleier mag sy diskresie gebruik om 'n besoeker of lid te verbied om aan 'n moeilike stap deel te neem.

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Hike grading and important notes:

Grading / Gradering

Exertion	1 Relatively easy	2 Moderate	3 Strenuous	4 For the very fit
Exposure to height	A None	B Some	C Exposed	D Very exposed
Technical difficulty	Green Easy hiking, walking on a trail with occasional use of hands (if applicable)	Orange Easy scrambling, walking on or off path with frequent use of hands required	Red Scrambling – frequent use of hands to facilitate upward movement	Black Serious scrambling

NB: The grading assumes a basic level of hiking fitness. You are personally responsible for ensuring that you are capable of completing a particular hike in a reasonable time, and that you are able to keep up with the group.

NB: The programme is subject to change as weekend trips and shorter alternative hikes are organized and worked into the programme.

NB: Die gradering aanvaar basiese stapfiksheid Dit is jou persoonlike verantwoordelikheid om seker te maak dat jy fiks genoeg is om 'n bepaalde stap in 'n redelike tydsduur af te handel, en om by die groep by te hou.

NB: Die program is onderhewig aan veranderinge soos naweek uitstappies en korter stappe georganiseer en tot die program bygevoeg word.

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SAT	Grade	Fees	Route	Permit	Leader
October					
4 Oct	3.0BO	HNR member/R30 pp R20 per vehicle	West Peak Circuit, Helderberg Nature Reserve	None	Karin
	2.0AG		Leopards Loop, Helderberg Nature Reserve	None	Phillip
11 Oct	2.0AG	None	Hermanus - Vogelgat	9 pers	Graham
	2.0AG	None	Muizenberg - Echo Valley - Boomslang	None	Phillip
18 Oct	4.0BO	Wild Card/ R70/person	Jonkershoek - Haelkop from gate (Out & Back)	None	Henry
	2.0AG		Jonkershoek - Sosyskloof circuit	None	Denise & Fay
25 Oct	2.5BO	None	Honingklip Brewery Circuit	None	Belinda Burdett
November					
1 Nov	3.0CR	None	Table Mountain - Left Face B "Mystery B"	None	Chris
	2.0AG	member/R30 R20/car	HNR Watsonia Trail	None	Denise
8 Nov	1.5AO	None	Gordon's Bay - Danie Miller Trail	None	Tassia
	2.5BO	None	Franschoek - Dam to Afrika's Kop Plateau	None	Hannes
15 Nov	3.5BO+	None	TM - Suikerbossie to Grootkop with Yellowwood Traverse	None	Hannes
	2.0AG	None	Constantia Nek - Circuit to Kirstenbosch (Out & Back)	None	Dani + Denise
22 Nov	2.5BO	None	Pringle Bay – Hangklip with Milkwood Glen	None	Henry
29 Nov	2.5AG	Wild Card or R55/person	Bainskloof: Limietberg NR - Tweede Tol to Arch Kloof (Hole in the Roof) Waterfall (hike & swim).	Cape Nature	Dermot
December					
6 Dec	3.5CR	None	Table Mountain – Magic Forest	None	Werner
	2.0AG	None	Pringle Bay: Hangklip Hotel Coastal Ramble (hike & swim).	None	Fay
13 Dec	2.0AG	None	Kleinmond: Fairy Glen - The Crag to Kasteelkop	None	Don
	3.0BO	None	Hout Bay: Suikerbossie to Pimple Traverse	None	Dermot
20 Dec	3.5CR	None	Camps Bay – Blind Gully	None	Wim
 Christmas Midweek 					

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Sat	Grade	Fees	Route	Permit	Leader
27 Dec	None				
January					
3 Jan	None				
10 Jan	3.0CR 2.0AG	None None	Table Mountain - Dark Gorge, Newlands Ravine Mule Track - Spes Bona	None None	Pat & Judith Denise
17 Jan	2.0BG	R80/person	Franschhoek – Berg River Dam (hike & swim).	Yes	Werner
24 Jan	3.0B+R	None	Hout Bay - Suikerbossie Circuit via Myburgh's Ravine	None	Dermot & Karin
	2.5BO	None	Rooi Els to River Gorge (hike & swim).	None	Henry
31 Jan	2.0AG	None	Kleinmond Coastal with Fish & Chips	None	Denise
February					
7 Feb	2.5BO	R80/person	Franschoek: Wolve Kloof – Berg River Dam (hike & swim).	Yes	Werner
14 Feb	3.5CR	None	Constantia Nek: Agatha’s Gully with Klassenskop Traverses	None	Wim
	2.0BO	None	Constantia Nek, Orange Kloof	Yes	Judith/Delffie
21 Feb	3.0 AO	None	TM - Cecelia forest to De Villiers Dam via the Stream	None	David Mc
28 Feb	3.5CR	None	Camps Bay, Blinkwater Ravine	None	Chris
	2.0AG	Wild Card or R70/person	Jonkershoek, Tweede Waterval (hike & swim).	None	Fay
March					
7 Mar	3.0BO	None	Rooiels – Rooiels Peak	None	Dermot
	2.0AG	Wild Card or R65/person	Kogelberg, Palmiet River Walk to River Beach (hike & swim).	None	Danilo
14 Mar	2.0BO	Wild Card or R55/person	Bainskloof, Eerste Tol to The Junction Pool, Happy Valley (hike & swim).	CN	Werner
	3.0CR	None	Hout Bay, Suther Peak scramble (Circular route)	None	Dave Curry
21 Mar	3.0BO	None	Stellenbosch: Banhoek Conservancy - Duiwelskloof	None	Petro & Pat
28 Mar	3.5BO 2.5BG	Wild Card or R70/person	Jonkershoek, Panorama Circuit Twin Peaks, Contour Path from Gate	None None	Hannes Denise