

Gantouw Hiking Club Programme April to Sept 2026

Please note:

1. **This programme is provisional, and changes may be made at short notice, particularly in view of forecast weather conditions.** Hikes will be confirmed during the preceding week by email, when details of the hike as well as the name and contact number of the leader will be provided. In order to stay informed, you need to register to join our emailing list. Non-members may also join this list. It is a free service.
2. Please only contact the leader if necessary. You don't have to notify us of your intention to join a hike, unless indicated otherwise.
3. Day hikes usually depart early Saturday morning from a pre-arranged meeting point in the Helderberg area. Details will appear in the hike notice.
4. We are all required to comply with the Gantouw Hiker's Code of Conduct. Also see what to bring on a day hike. Consult <https://www.gantouwhiking.co.za/>.
5. Visitors are welcome to join our hikes and pay a visitor's fee of R40 per hike. Alternatively, you are invited to join the club at the following annual fees: Individual membership – R160; Senior (65+) – R120; Junior under 21 – Free; Students – Free.
6. Please note that all visitors and new members are required to participate in a grade 2 hike before attempting a more challenging hike. The leader may at his/her discretion decide not to permit visitors or members to join a difficult outing.

Let op:

1. **Hierdie program is voorlopig en veranderinge kan op kort kennisgewing aangebring word, veral as gevolg van voorspelde weersomstandighede.** Elke stap word in die voorafgaande week per e-pos bevestig, en volledige inligting daarvoor asook die leier se kontakbesonderhede word dan ook verstrekk. Om op hoogte te bly, moet jy registreer om by ons e-pos lys aan te sluit. Nie-lede mag ook by hierdie lys aansluit sonder enige koste.
2. Kontak asb die stapleier slegs indien nodig – jy hoef nie te laat weet dat jy 'n stap wil mee maak nie, tensy anders aangedui.
3. Dagstappe vertrek gewoonlik Saterdagoggend vroeg vanaf 'n vooraf gereelde ontmoetingspunt in die Helderberg omgewing. Besonderhede sal in die stap kennisgewing verskyn.
4. Daar word van ons almal vereis om aan die Gedragskode te voldoen - verwys ook na wat jy moet saambring op 'n dagstap. Inligting is beskikbaar op <https://www.gantouwhiking.co.za/>.
5. Besoekers is welkom en betaal 'n besoekersfooie van R40 per stap. Alternatiewelik word jy uitgenooi om aan te sluit by ons klub teen die volgende jaarlikse fooie: Standaard ledegeld – R160; Senior (65+) – R120; Junior onder 21 – Gratis; Studente – Gratis.
6. Let asb daarop dat alle besoekers en nuwe lede eers aan 'n graad 2 stap moet deelneem voordat hulle 'n moeiliker graad 3 stap aanpak. Die stapleier mag sy diskresie gebruik om 'n besoeker of lid te verbied om aan 'n moeilike stap deel te neem.

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Hike grading and important notes:

Grading / Gradering

| | | | | |
|-----------------------------|--|--|--|------------------------------------|
| Exertion | 1 Relatively easy | 2 Moderate | 3 Strenuous | 4 For the very fit |
| Exposure to height | A None | B Some | C Exposed | D Very exposed |
| Technical difficulty | Green Easy hiking, walking on a trail with occasional use of hands (if applicable) | Orange Easy scrambling, walking on or off path with frequent use of hands required | Red Scrambling – frequent use of hands to facilitate upward movement | Black Serious scrambling |

NB: The grading assumes a basic level of hiking fitness. You are personally responsible for ensuring that you are capable of completing a particular hike in a reasonable time, and that you are able to keep up with the group.

NB: The programme is subject to change as weekend trips and shorter alternative hikes are organized and worked into the programme.

NB: Die gradering aanvaar basiese stapfiksheid Dit is jou persoonlike verantwoordelikheid om seker te maak dat jy fiks genoeg is om 'n bepaalde stap in 'n redelike tydsduur af te handel, en om by die groep by te hou.

NB: Die program is onderhewig aan veranderinge soos naweek uitstappies en korter stappe georganiseer en tot die program bygevoeg word.

| SAT | Grade | Fees | Route | Permit | Leaderc |
|-----------------|--------|------------------|---|---------------|---------|
| April | | | | | |
| 3 April | | | Good Friday | | |
| 4 April | 2.5BO | None | Pringle Bay – Hangklip with Milkwood Glen | None | Fay |
| | 3.5B+G | None | Hermanus: Vogelgat – Base Camp to Maanschynskop | 9 hikers only | Graham |
| 5/6 April | | | Easter Sunday & Monday | | |
| 11 April | | | Saturday - Two Oceans Marathon in Cape Town | | |
| 11 April | 3.5BO | None | Kleinmond (Fairy Glen) - Perdeberg via Highland Circuit | None | Dermot |
| 18 April | 2.5BO | None | Kalk Bay - Trappieskop to Cave Peak | None | Wim |
| 25 April | 2.5AG | HNR Mem/R30pp | Helderberg Nature Reserve – Woodie’s Walk | None | Judith |
| | 4.0CR | R20 per vehicle | HNR – The Dome | None | Hannes |

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| SAT | Grade | Fees | Route | Permit | Leader |
|-------------|--------|----------------------|--|---------------|----------|
| 27 April | | | Monday - Freedom Day | | |
| May | | | | | |
| 1 May | | | Friday – Worker’s Day | | |
| 2 May | 2.0AO | None | Constantia Nek to Kirstenbosch Gardens | None | Philip |
| | 3.5DB | None | Newlands Forest - Hiddingh Ascension descending via Aerial Cable Car | None | David Mc |
| 9 May | 1.5AO | None | Gordons Bay – Beach parking to Danie Miller trail and back for Coffee and Snacks | None | Denise |
| | 3.5CO+ | None | Hout Bay - Suikerbossie to Grootkop with Yellowwood Traverse | None | Hannes |
| 16 May | 2.0BG | None | Stellenbosch – Paradyskloof Waterfalls | None | Fay |
| | 4.0BG | None | Hermanus: Vogelgat – Base Camp to Guy’s Pool | 9 hikers only | Graham |
| 23 May | 2.0AG | None | Muizeberg – Amphitheatre Circuit via Spes Bona | None | Denise |
| | 3.5CR | None | Stellenbosch - Simonsberg from Tokara | None | Pat |
| 30 May | 2.5BG | E-R75pp | Jonkershoek – Twin Peaks Contour Path from Gate | None | Philip |
| | 3.5CO | None | Hout Bay – Suikerbossie to Separation Buttress (Recce hike) | None | David C |
| June | | | | | |
| 6 June | 2.5BO | None | Rooiels – River Gorge | None | Henry |
| 13 June | 3.0BO | None | Camps Bay - Oudekraal Ravine to St Paulspiek and Peak 761 | None | Tim |
| 16 June | | | Tuesday - Youth Day | | |
| 20 June | 2.0AG | None | Sir Lowry’s Pass – Idiom Boulders Trail with Talk, ‘History of the Wagon Trail’ Gantouw Hiking Club’s Winter Social (tentative) – PM TBA | None | Steve |
| 27 June | 2.5BO | Wild Card or E-R44pp | Silvermine – Noordhoek Peak to Skyline Ridge | None | Brad |
| July | | | | | |
| 4 July | 3.5BO | None | Stellenbosch – Stellenboschberg from Paradyskloof | None | Dermot |
| 11 July | 2.0AG | None | Hermanus Cliff Path – Grotto Beach to New Harbour | None | Denise |

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|------------------|--------|-----------------------|--|--------|----------------|
| 18 July | | | Saturday – Nelson Mandela Day | | |
| 18 July | 3.0CO | None | Camps Bay – Three Firs to Kasteelpoort | None | Janet |
| 25 July | 2.5BO | R70pp | Franschhoek Mont Rochelle – Dutoitskop Circuit (Cockwise) | None | Danilo |
| | 3.5BO | Wild Card or E-R70pp | Jonkershoek (Witbrug) – Panorama Circuit | None | Hannes |
| August | | | | | |
| 1 Aug | 2.5BO | Wild Card or E-R110pp | Cape Point – Paulsberg | Permit | Werner |
| | 3.5B+O | R70pp | Mont Rochelle – Perdekop Circuit | None | Wim |
| 8 Aug | 2.5BO | None | Hout Bay – East Fort via Manganese Mine to Blackburn Ravine Lookout | None | Wim |
| 9/10 Aug | | | Sun & Mon - National Woman's Day | | |
| 15 Aug | 2.5AG | E-R60pp | Betty's Bay – Harold Porter to Lookout & Leopard's Kloof | None | Henry |
| | 3.0CR | None | Table Mountain – India Venster to Kasteelpoort | None | Karin & Selwyn |
| 22 Aug | 2.0BO | None | Table Mountain – 12 Apostles Path, Bakoven side | None | Werner |
| | 2.5BO | None | Silvermine – Steenberg Peak & beyond | None | Dermot |
| 29 Aug | 3.5BO | None | Table Mountain - Reserve and Cleft Peak via Cecilia Ridge and Nursery Ravine | None | Hannes |
| September | | | | | |
| 5 Sept | 2.5 BO | None | Kleinmond – Kasteelkop Crags to Dot's Dash | None | Fay |
| | 3.5BO | Wild Card or R65pp | Kogelberg – Kogelberg Trail (24kms) | None | Pat |
| 12 Sept | 3C+R | None | Devil's Peak – Circuit via Mowbray Ridge, Knife Edge and East Face | None | Brad |
| 19 Sept | 2.5BO | None | Noordhoek - Noordhoek Beach to Chapman's Peak | None | Dermot |
| 24 Sept | | | Thursday – Heritage Day | | |
| 26 Sept | 2.5BO | None | Paarl – Bretagne Rock, Oukraal Kamp, Christmas Camp and back via Waterfall | None | Fay |
| | 3.5CR | None | Constantia Nek – Agatha's Gully with Klaassenskop Traverses (and Chimneys for Wim) | None | Hannes |