Gantouw Hiking Club Programme
October 2026 to March 2027

Please note:

1. **This programme is provisional, and changes may be made at short notice, particularly in view of forecast weather conditions.** Hikes will be confirmed during the preceding week by email, when details of the hike as well as the name and contact number of the leader will be provided. In order to stay informed, you need to register to join our emailing list. Non-members may also join this list. It is a free service.
2. Please only contact the leader if necessary. You don't have to notify us of your intention to join a hike, unless indicated otherwise.
3. Day hikes usually depart early Saturday morning from a pre-arranged meeting point in the Helderberg area. Details will appear in the hike notice.
4. We are all required to comply with the Gantouw Hiker's Code of Conduct. Also see what to bring on a day hike. Consult https://www.gantouwhiking.co.za/.
5. Visitors are welcome to join our hikes and pay a visitor's fee of R40 per hike. Alternatively, you are invited to join the club at the following annual fees: Individual membership – R160; Senior (65+) – R120; Junior under 21 – Free; Students – Free.
6. Please note that all visitors and new members are required to participate in a grade 2 hike before attempting a more challenging hike. The leader may at his/her discretion decide not to permit visitors or members to join a difficult outing.

Let op:

1. **Hierdie program is voorlopig en veranderinge kan op kort kennisgewing aangebring word, veral as gevolg van voorspelde weersomstandighede.** Elke stap word in die voorafgaande week per e-pos bevestig, en volledige inligting daaroor asook die leier se kontakbesonderhede word dan ook verstrek. Om op hoogte te bly, moet jy registreer om by ons e-pos lys aan te sluit. Nie-lede mag ook by hierdie lys aansluit sonder enige koste.
2. Kontak asb die stapleier slegs indien nodig – jy hoef nie te laat weet dat jy 'n stap wil mee maak nie, tensy anders aangedui.
3. Dagstappe vertrek gewoonlik Saterdagoggend vroeg vanaf 'n vooraf gereëlde ontmoetingspunt in die Helderberg omgewing. Besonderhede sal in die stap kennisgewing verskyn.
4. Daar word van ons almal vereis om aan die Gedragskode te voldoen - verwys ook na wat jy moet saambring op 'n dagstap. Inligting is beskikbaar op https://www.gantouwhiking.co.za/.
5. Besoekers is welkom en betaal 'n besoekersfooi van R40 per stap. Alternatiewelik word jy uitgenool om aan te sluit by ons klub teen die volgende jaarlikse fooie: Standaard ledegeld – R160; Senior (65+) – R120; Junior onder 21 – Gratis; Studente – Gratis.
6. Let asb daarop dat alle besoekers en nuwe lede eers aan 'n graad 2 stap moet deelneem voordat hulle 'n moeiliker graad 3 stap aanpak. Die stapleier mag sy diskresie gebruik om 'n besoeker of lid te verbied om aan 'n moeilike stap deel te neem.

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Hike grading and important notes:

Grading / Gradering

Exertion	**1** Relatively easy	**2** Moderate	**3** Strenuous	**4** For the very fit
Exposure to height	**A** None	**B** Some	**C** Exposed	**D** Very exposed
Technical difficulty	**Green** Easy hiking, walking on a trail with occasional use of hands (if applicable)	**Orange** Easy scrambling, walking on or off path with frequent use of hands required	**Red** Scrambling – frequent use of hands to facilitate upward movement	**Black** Serious scrambling

NB: The grading assumes a basic level of hiking fitness. You are personally responsible for ensuring that you are capable of completing a particular hike in a reasonable time, and that you are able to keep up with the group.

NB: The programme is subject to change as weekend trips and shorter alternative hikes are organized and worked into the programme.

NB: Die gradering aanvaar basiese stapfiksheid Dit is jou persoonlike verantwoordelikheid om seker te maak dat jy fiks genoeg is om 'n bepaalde stap in 'n redelike tydsduur af te handel, en om by die groep by te hou.

NB: Die program is onderhewig aan veranderinge soos naweek uitstappies en korter stappe georganiseer en tot die program bygevoeg word.

SAT	Grade	Fees	Route	Permit	Leader
October					
3 Oct	3.5DB	None	Newlands - Hiddingh Ascension	None	David M
	2.0AG	None	Kleinmond Coastal Hike	None	Tassia
10 Oct	3.5CR	None	Camps Bay – Blind Gully to Kasteelpoort via Blinkwater Ravine/Buttress	None	Dermot
	2.5BO	None	Echo Valley to Boomslang Cave	None	Fay
17 Oct	4.0CR	HNR Mem/ R30pp	The Dome	None	Tim
	2.5BO	None	Rooiels Gorge	None	Philip/ Mick
24 Oct	3.0C+R	None	Devil's Peak via Mowbray Ridge, Knife Edge and East Face	None	Brad
	2.5AO	None	Bailey's Kloof via Weary Willys	None	Henry

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31 Oct	2.5BO	R60pp	Afrikaskop Plateau	Permit	Hannes
November					
7 Nov	3.0CR	None	Newlands Forest – Dark Gorge	None	Selwyn
	2.0AG	None	Chapman's Peak from Toll Road Turn Point	None	Mick/Alf
14 Nov	3.0BO	WC/R80pp E-Payment	Jonkershoek – Swartboskloof to Diepgat from Gate	None	Tim
	2.0AO	None	Paradyskloof – Eden Forest to Coetzenberg, Hangbrug – Out and Back	None	Fay
21 Nov	3.5CR	None	Hout Bay – Suikerbossie to Boschkloof Needle via Lundudno Ravine or Buttress	None	Dave
	2.5BO	None	Pringle Bay – Hangklip with Milkwood Glen	None	Wim
28 Nov			**Gantouw Hiking Club Summer Social**		
	2.5AG	HNR Mem/ R30pp	HNR – Woodies Walk	None	Pat
	2.0AG		HNR – Leopards Loop	None	Denise
December					
5 Dec	3.0CR	None	Table Mountain – India Venster to Cable Way/Kasteelspoort	None	Hannes
	2.0AG	WC R65pp E-Payment	Koegelberg – Palmiet River Walk	None	Liz
12 Dec	3.5CO	None	Hout Bay – Suikerbossie to Grootkop with Yellowwwood Traverse	None	Emma
19 Dec	2.5BO	None	Muizenberg – Two Peaks and Beyond	None	Wim
	3.0BO	None	Kleinmond – Fairy Glen to Perdeberg (Out and Back)	None	Phillip/ Denise
25 Dec – Christmas Day					
26 Dec*	3.5B+O	None	Stellenbosch – Banhoek Conservancy, Duiwelskloof	None	Dermot
January					

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2 Jan – Tweede Nuwe Jaar					
2 Jan*	3.0CR	None	Cape Peninsula - Smitswinkel to Swartkop	None	Brad
	2.0BG	None	Gordon's Bay - Krystal Beach to Danie Miller	None	Fay
9 Jan	3.0B+R	None	Hout Bay – Circuit via Myburgh's Ravine	None	Dermot
	2.0AG	None	Kogelberg – Palmiet via Beach to Coast	None	Tassia
16 Jan	3.0CR	None	Wynberg – Cecelia Forest to Enchanted Forest, Caveman's overhang	None	Selwyn
	2.0AG	None	Pringle Bay – Coastal Ramble from Hangklip Hotel	None	Fay
23 Jan	3.0B+R	None	Camps Bay – Seven Buttresses	None	Hannes
	2.5BO	None	Stellenbosch - Banhoek Conservancy, Gorges, Hidden Waterfall and Dragoon Buttress	None	Christiaan
30 Jan	3.0BO	HNR Mem/ R30pp	HNR – West Peak	None	Liz
	2.0AG	WC/R80pp E-Payment	Jonkershoek – Sosyskloof from Gate	None	Danilo
February					
6 Feb	3.0BO	None	Cecelia Forest - Nursery Ravine to Aquaduct, Down Disa Gorge (Disas)	None	Adellthea
	2.5BO	None	Hermanus – De Mond se Kop	None	Henry
13 Feb	2.5BO	None	Table Mountain – Kloofnek, Three Firs, Falcon Labyrinth, Diagonal	None	Christiaan
	2.0AG	None	Elgin – Grabouw Country Club to Giant's Wash Basin	None	Lynette/ Denise
20 Feb	2.5BO	R70pp	Mont Rochelle – Dutoitskop Circuit	None	Dermot
	2.0 AG	None	Hermanus – Coastal Cliff Path	None	Tassia
27 Feb	3.0BO	None	Camps Bay – Oudekraal to St Paulspiek and Peak 761	None	Tim
	2.0AG	None	Stellenbosch - Brummer Park to Tweede Kruis	None	Denise/Alf
March					

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6 March	3.0CR	None	Table Mountain – Left Face B ('Mystery B')	None	Brad
	2.0BG	R55pp	Bainskloof – Murasie to the Secret Pool	Permit	Petro
Cape Town Cycle Tour setup up on Saturday 13 March for race on Sunday 14 March: Road Closures Camps Bay, Hout Bay, Chapman's Peak & Noordhoek					
13 March*	3.5CR	None	Stellenbosch/Pniel – Simonsberg from Pniel	None	Adellthea/ Christiaan
	2.5BO	None	Rooiels River Gorge	None	Judith
20 March*	3.0CR	None	Hout Bay – Suther Peak Scramble and Beyond	None	David
	2.0BG	R80pp E- Payment	Franschoek – Berg River Dam, Sterretjieskop	None	Werner
Monday 22 March – Human rights Day					
Easter Weekend: 26 to 29 March Two Ocean's Marathon on Saturday 27 March: Road Closure M3 Corridor					
SAT	**Grade**	**Fees**	**Route**	**Permit**	**Leader**
27 March*	3.0BO	None	Kleinmond – Three Sisters	None	Brad
	2.0AG	R80pp	Franschoek – Berg River Dam, Snake Alley Loop	None	Werner